

- Modal Mojo -

PLAY-ALONG TRACKS

Modal Grooves in Jazz, Rock & Fusion

Includes 28 Live Extended
Grooves for Major, Minor and
Dominant 7th Modes

A GREAT LEARNING
RESOURCE FOR ANY
LEAD INSTRUMENT

Don Mock - guitar
Dave Coleman- drums
Steve Kim - fretless bass

-Modal Mojo-

Modes Play-Along Grooves in Jazz, Rock and Fusion



Credits:

Modal Mojo Tracks recorded at Mock One Productions - Seattle, Washington
Don Mock - Guitar
Steve Kim - Fretless Bass and Keyboards
Dave Coleman - Drums
Audio re-engineered and mixed by Don Gunn
Creative Consultant - Marc Connelly
Photography - Tim Coleman, Warren Berry
Art Direction - Kathy Adolphsen

-Introduction-

Welcome to the Modal Mojo Play-Along Series. This booklet describes each of the 28 major, minor and dominant 7th modal tracks on the accompanying CD. The tracks use the highest-quality mp3 format and can be played on any computer, mp3 player and many newer CD and DVD players.

The music notation shown for each track is a sketch of the basic rhythm and includes the chordal harmony. The primary mode is the recommended scale for improvising over the modal grooves and was also the basis for each tracks rhythm guitar chords and fretless bass figures. The optional scales shown for each groove should also be explored and can work well in most instances.

We hope you enjoy practicing with the tracks and that your improvising skills and modal theory greatly improve.

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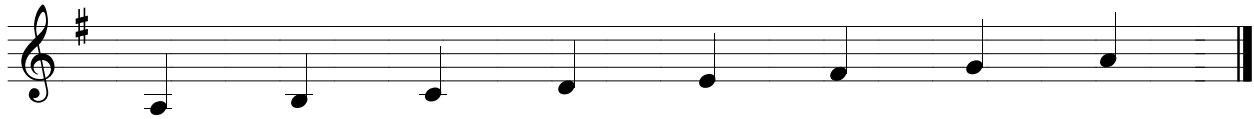
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MINOR MODAL GROOVES

Track 1 Dorian Am7 Length: 12:49 Tempo: 118 Bossa



Primary mode: A Dorian (G major scale)

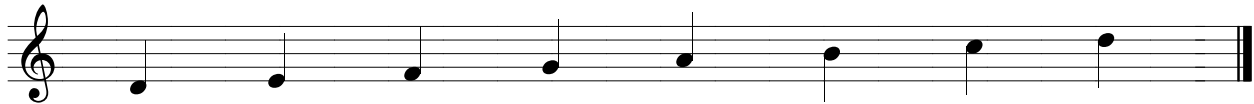


Optional scales: A, B, E minor pentatonics, A minor 6th pentatonics, A blues scale, A melodic minor

Track 2 Dorian Dm7 Length: 6:30 Tempo: 110 Swing

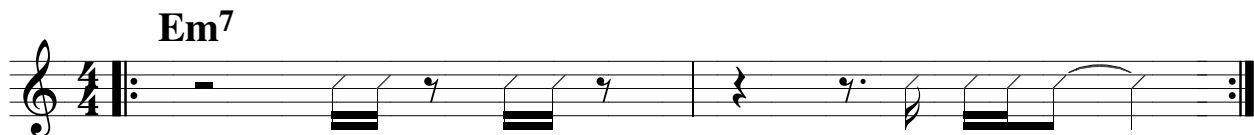


Primary mode: D Dorian (C major scale)



Optional scales: D, E, A minor pentatonics, D minor 6th pentatonic, D blues scale, D melodic minor

Track 3 Dorian Em7 Length: 6:17 Tempo: 112 Rock/Funk

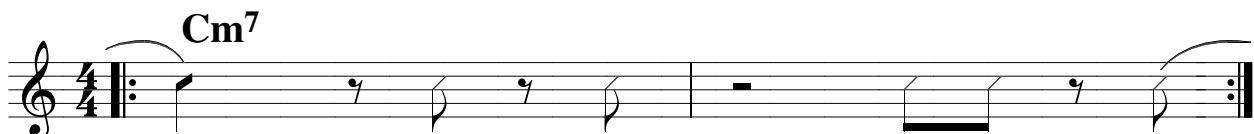


Primary mode: E Dorian (D major scale)



Optional scales: E, F#, B minor pentatonics, E minor 6th pentatonic, E blues scale, E melodic minor

Track 4 Aeolian Cm7 Length: 8:47 Tempo: 101 Light Rock

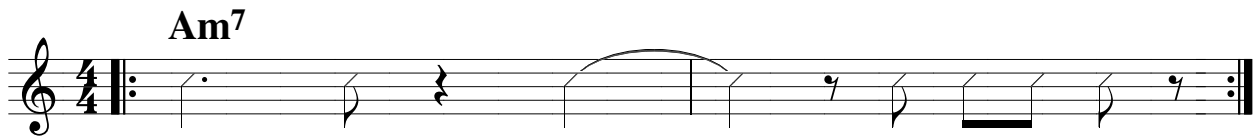


Primary mode: C Aeolian (Eb major scale)

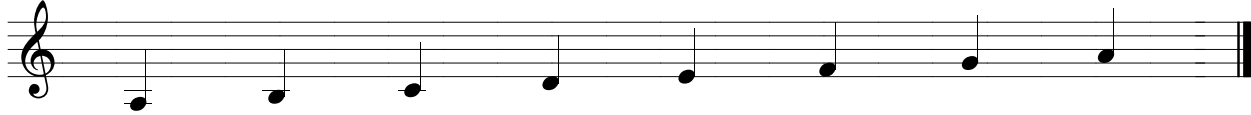


Optional scales: C blues, C and G minor pentatonics

Track 5 Aeolian Am7 Length: 6:36 Tempo:128 Quasi Reggae

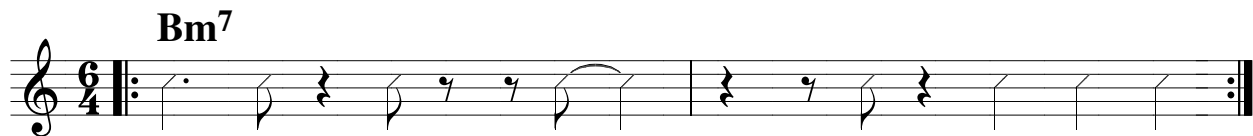


Primary mode: A Aeolian (C major scale)

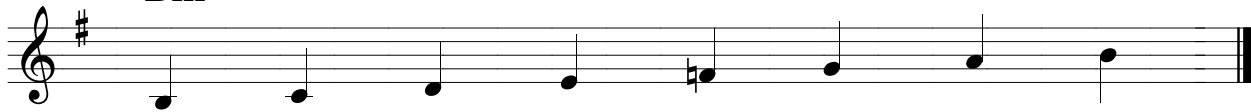


Optional scales: A blues, A and E minor pentatonics, A harmonic minor

Track 6 Phrygian Bm7 Length: 5:11 Tempo: 170 6/4 Rock

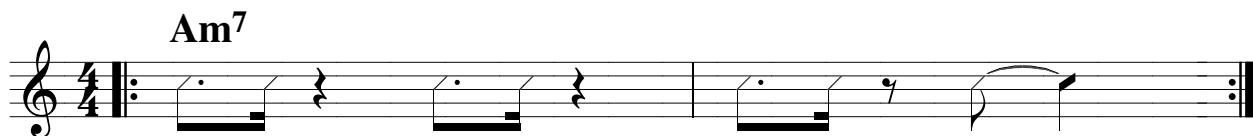


Primary mode: B Phrygian (G major scale)

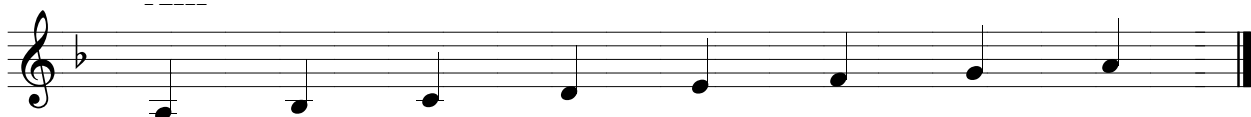


Optional scales: B, A, E minor pentatonics, A minor 6th pentatonic, B blues, E harmonic minor

Track 7 Phrygian Am7 Length: 7:02 Tempo: 96 Funk



Primary mode: A Phrygian (F major scale)

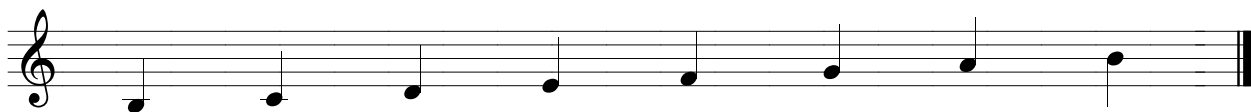


Optional scales: A, G, D minor pentatonics, G minor 6th pentatonic, A blues, G melodic minor

Track 8 Locrian Bm7b5 Length: 7:38 Tempo: 112 Funk



Primary mode: B Locrian (C major scale)

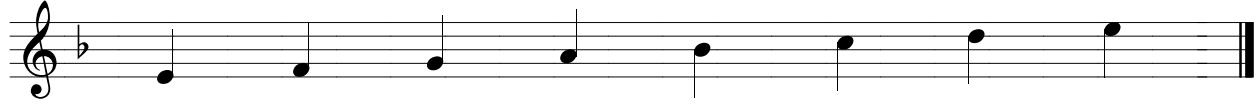


Optional scales: E, D minor pentatonics, D minor 6th pentatonic, B blues, A harmonic minor, D melodic minor

Track 9 Locrian Em7b5 Length: 6:52 Tempo: 128 Rock

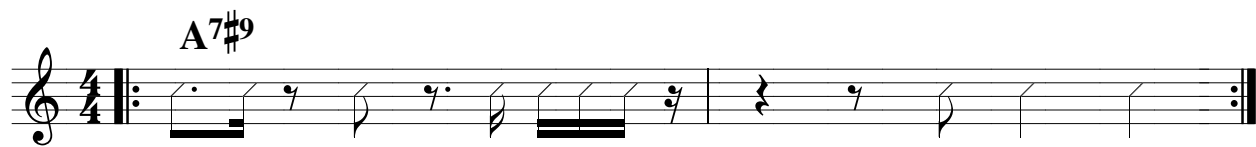


Primary mode: E Locrian (F major scale)



Optional scales: A, G minor pentatonics, G minor 6th pentatonics, E blues, D harmonic minor, G melodic minor, F diminished

Track 10 Dominant 7#9 A7#9 Length: 9:54 Tempo: 98 Funk



Primary mode: A blues scale



Optional scales: A minor pentatonic, A minor 6 pentatonic, A Dorian, Bb diminished

MAJOR MODAL GROOVES

Track 1 Ionian Dmaj7 Length: 5:32 Tempo: 105 R&B

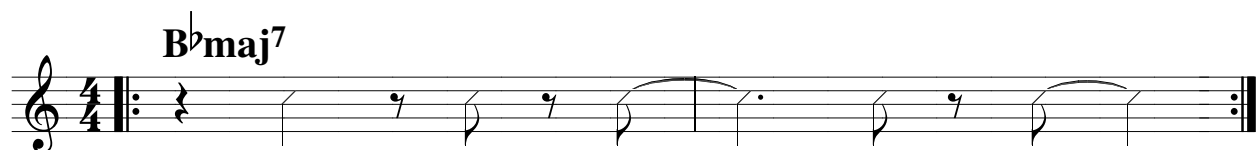


Primary mode: D Ionian (D major scale)

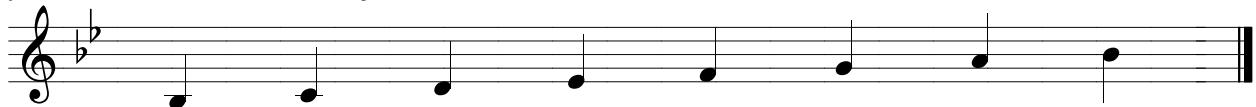


Optional scales: D and A major pentatonics, B and D blues scales

Track 2 Ionian Bbmaj7 Length: 10:29 Tempo: 128 Light Rock/Funk

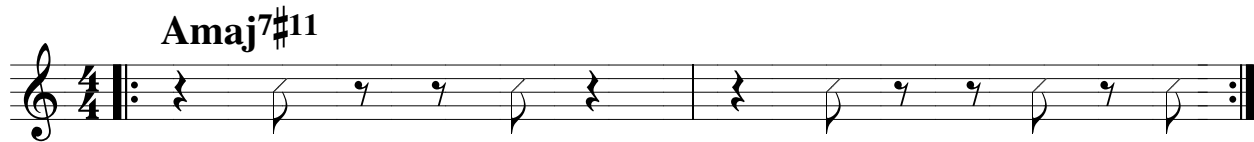


Primary mode: Bb Ionian (Bb major scale)

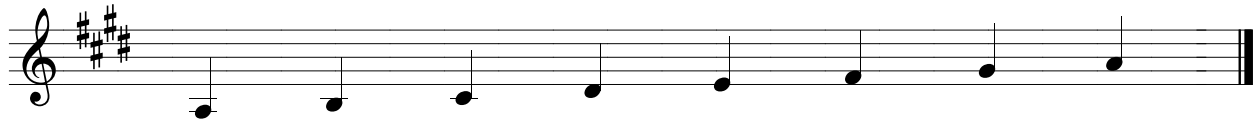


Optional scales: Bb and F major pentatonics, G and Bb blues scales

Track 3 **Lydian** **Amaj7#11** **Length: 5:55** **Tempo: 166** **Fast 8th**

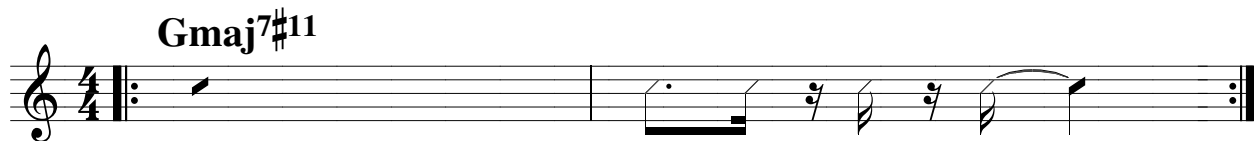


Primary mode: A Lydian (E major scale)

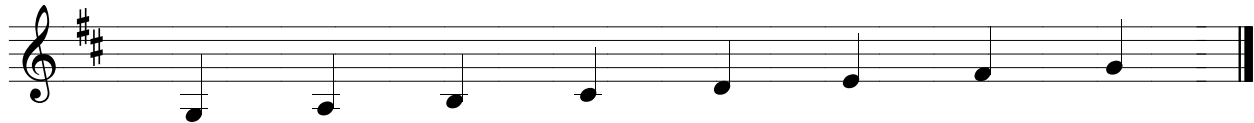


Optional scales: G#, F#, C# minor pentatonics, G# minor 6th pentatonic

Track 4 **Lydian** **Gmaj7#11** **Length: 9:1** **Tempo: 90** **Slow Rock**

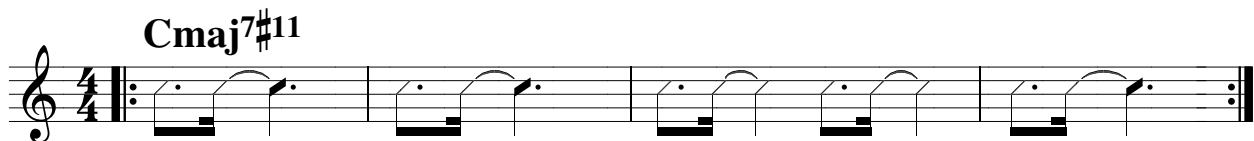


Primary mode: G Lydian (D major scale)

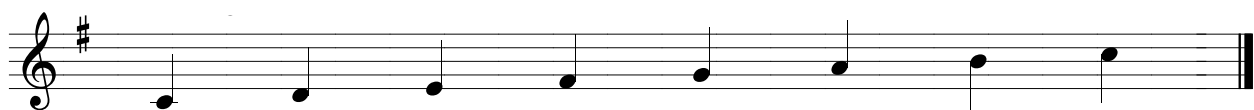


Optional scales: F# and B minor pentatonics, E minor 6th pentatonic, B harmonic minor, E melodic minor

Track 5 **Lydian** **Cmaj7#11** **Length: 9:02** **Tempo: 101** **Funky**

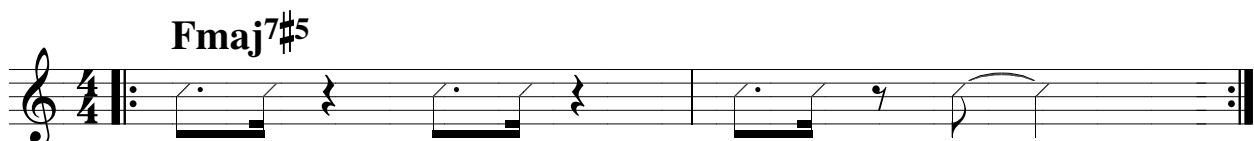


Primary mode: C Lydian (G major scale)

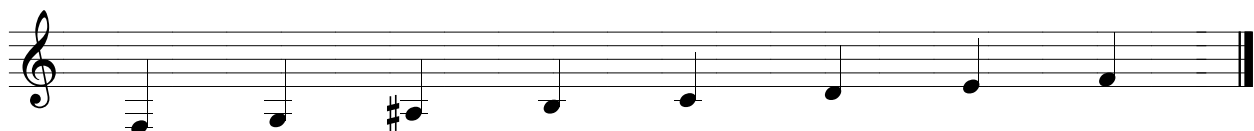


Optional scales: B and E minor pentatonics, A minor 6th pentatonic, E harmonic minor, A melodic minor

Track 6 **Lydian #5** **Fmaj7#5** **Length: 6:15** **Tempo: 94** **Funk**



Primary mode: F Lydian #5 (D melodic minor scale)



Optional scales: E minor 6th pentatonic, E Dorian, D harmonic minor

Track 7 Lydian #5 Cmaj7#5 Length: 5:58 Tempo: 98 Medium 3/4 swing

Cmaj7#5

Primary mode: C Lydian #5 (A melodic minor scale)

Optional scales: B minor 6th pentatonic, B Dorian, A harmonic minor

Track 8 Ionian #5 Fmaj#5 Length: 7:08 Tempo: 94 Modern swing

Fmaj7#5

Primary mode: F Ionian #5 (D harmonic minor scale)

Optional scales: F major, D melodic minor, G minor 6th pentatonic

DOMINANT MODAL GROOVES

Track 1 Mixolydian G7 Length: 5:36 Tempo: 115 Latin/Rock

G7

Primary mode: G Mixolydian (C major scale)

Optional scales: E and D minor pentatonics, G blues scale, D minor 6th pentatonic

Track 2 Mixolydian E7 Length: 5:52 Tempo: 112 Medium shuffle

E7

Primary mode: E mixolydian (A major scale)

Optional scales: C# and B minor pentatonics, E blues scale, B minor 6th pentatonic

Track 3 Mixolydian B7 Length: 7:45 Tempo: 108 7/4 Medium Rock

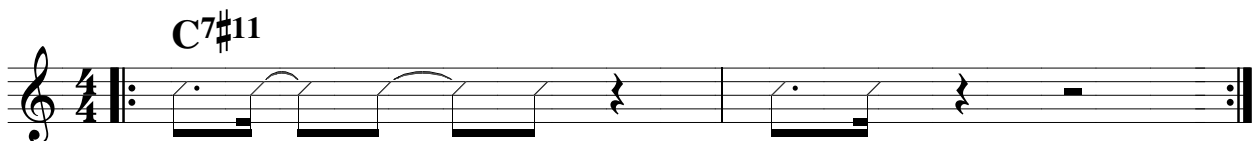


Primary mode: B Mixolydian (E major scale)

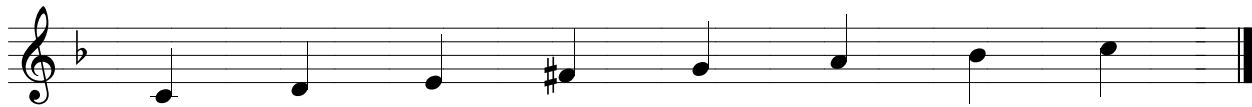


Optional scales: G# and B minor pentatonics, B blues scale, F# minor 6th pentatonic

Track 4 Lydian/Dominant C7#11 Length: 8:37 Tempo: 94 Medium Funk/Rock

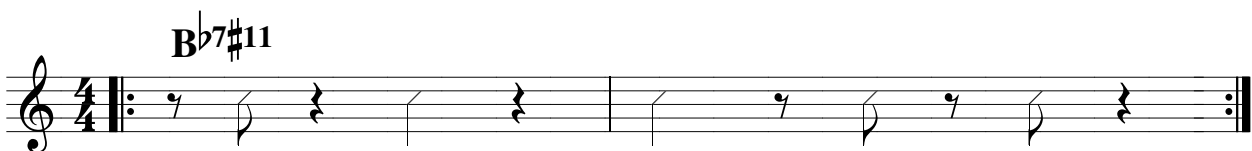


Primary mode: C Lydian Dominant (G melodic minor)



Optional scales: C whole tone, G minor pentatonic, A minor 6th pentatonic

Track 5 Lydian/Dominant Bb7#11 Length: 5:39 Tempo: 104 Swing

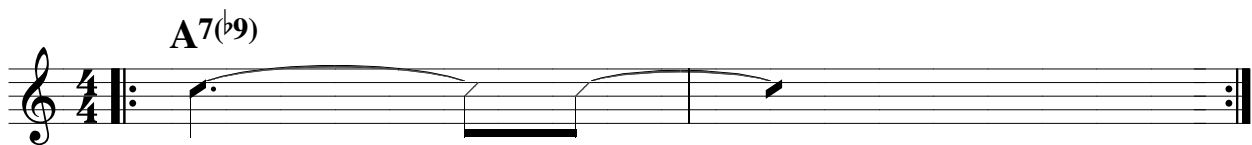


Primary mode: Bb Lydian Dominant (F melodic minor)

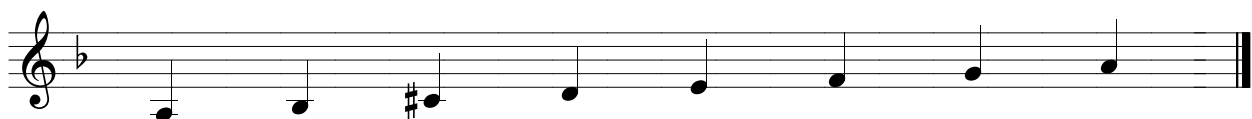


Optional scales: Bb whole tone, F minor pentatonic, G minor 6th pentatonic

Track 6 Phrygian/Dominant A7(b9) Length: 6:47 Tempo: 110 Fusion



Primary mode: A Phrygian/Dominant (D harmonic minor)

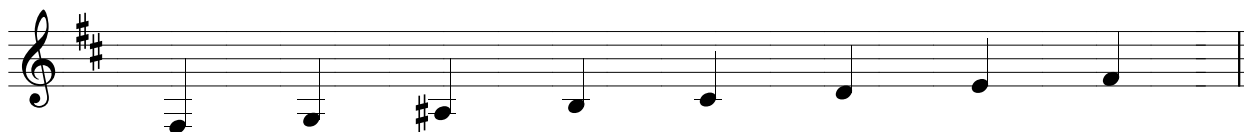


Optional scales: A Phrygian, G minor pentatonic, G melodic minor

Track 7 Phrygian/Dominant F#7(b9) Length: 5:48 Tempo: 117 Latin

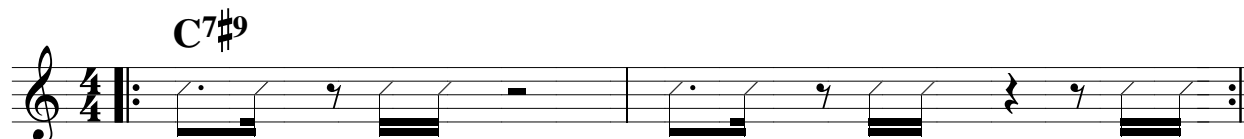


Primary mode: F# Phrygian/Dominant (B harmonic minor)



Optional scales: F# Phrygian, E minor pentatonic, E melodic minor, G melodic minor

Track 8 Dominant 7#9 C7#9 Length: 7:05 Tempo: 90 Funk

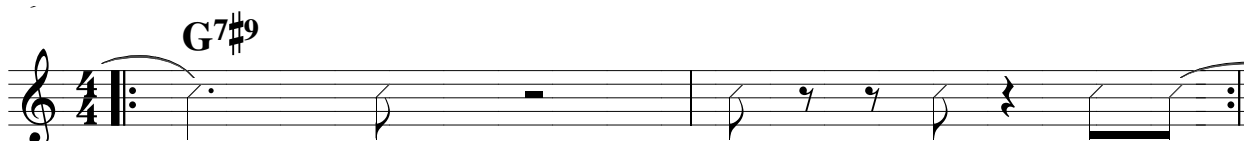


Primary mode: C blues scale



Optional scales: C minor pentatonic, C minor 6th pentatonic, C Dorian, Db diminished

Track 9 Dominant 7#9 G7#9 Length: 8:08 Tempo: 108 Shuffle

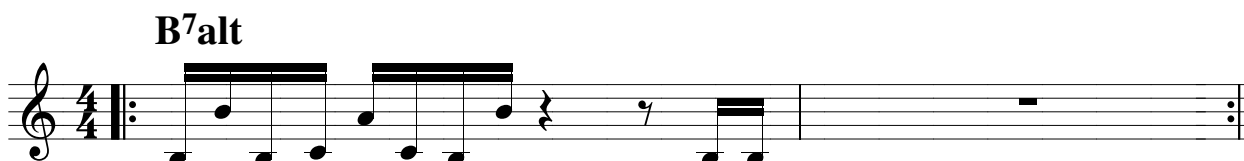


Primary mode: G blues scale



Optional scales: G minor pentatonic, G minor 6th pentatonic, G Dorian, Ab diminished

Track 10 Altered Dominant B7 Length: 7:27 Tempo: 126 Funk/Rock



Primary mode: B altered (B Super Locrian) (C melodic minor scale)



Optional scales: B blues, A and B minor pentatonics, C diminished, B Phrygian, A melodic minor

